

**THE NEW INDIAN SCHOOL, BAHRAIN**


Dear Parents,  
Greetings!

19/12/2018

With reference to the guidelines of CBSE on **Health and Physical Education (HPE)**, the school has decided to stream line the sports and games activities for STD IX-XII students so as to ensure disciplined & active student participation. The following strands have been identified for participation and students will have to participate in those activities to secure satisfactory marks and grades which if necessary will be uploaded as per instructions from the CBSE.

<b>STRAND 1</b>	<b>STRAND 2</b>	<b>STRAND 3( SEWA-Social Empowerment through Work Education and Action)</b>
Athletics TEAM GAMES Volley ball, Basketball, Chess , Exercises , Badminton	Drill ( STD IX & X) MASS P.T ( STD XI & XII)	Organizing sports competitions for primary school Participate in Youth Parliament or mock UN sessions.
INDIVIDUAL GAMES Badminton ,Chess		

Fitness tests like testing their endurance & physical tests will be conducted by the Physical Education Department with a planned schedule and students will be informed in advance. Kindly advice your child/children to participate in the activities.

  
Principal



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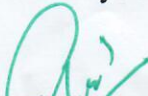
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